

4-6 Month Ability Checklist

It is important to look at your child's overall tendencies and clusters of behavior. One or two concerns should not cause alarm. However, if a child is not frequently and consistently demonstrating more than a few of the listed items in each age category, print the following list, check your concerns, and discuss them with your healthcare professional.

	Yes	No
Play and Social Skills		
Enjoys playful interactions with others (such as peek-a-boo)		
Is vocalizing in response to playful interactions		
Turns head toward sounds		
Maintains eye contact with familiar people during playful interaction		
Enjoys playing with toys of varied textures		
Enjoys musical toys		
Raises hands to be picked up		
Enjoys various types of movement, such as being gently swung		
Coordination		
Is beginning to put weight through feet when supported in standing		
Is able to lift head forward when being pulled to sitting, from lying on back		
Is able to play on tummy for short bursts of time		
Is able to roll from tummy to back (5 months) and from back to tummy (6 months)		
Is able to pick up head and prop on elbows during Tummy Time		
Uses hands to play with and explore toys		
Uses both hands equally to play with toys		
Is able to turn head to visually follow motivating toys and people		
Daily Activities		
Is able to latch on while nursing or bottle feeding		
Is able to stay calm during car rides when not tired or hungry		
Enjoys bath time		
Is usually able to tolerate diaper changing without crying		
Is not fearful when moving to lying on back for diaper changing		

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	Yes	No
Self-Expression		
Is able to be comforted by cuddling or a parent's touch		
Is not fearful of everyday sounds		
Is generally happy when not hungry or tired		
Enjoys varied playful movement experiences (e.g. bouncing on knees)		
Is able to calm with experiences such as rocking, touch, and soothing sounds		
Total (out of 26)		